

DE LAUNE NEWS



BRIAN SAXTON & TICH SHAMBROOK TAKE TO THE AIR

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DE LAUNE
CYCLING CLUB

2006

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www.delaunec.org
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ROY SAVERY

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CLUB NIGHT

**FIRST THURSDAY
OF EACH MONTH
British Legion,
97 Barry Road,
SE22**

PRESIDENTS REPORT

Hi everyone, hope you are all enjoying the summer.

On the 30th July we had our Fred Peachey Memorial Open 25, won by Paul Mill in 53.39. Our own Nick Butler did 57.19 for 8th place, and Brian Dacey ventured out to do a very fine 1.1.50 just before his 68th birthday – he was 67 on the day. The De Laune “old boys” Brian Dacey, Alan Priddy and Peter Jenn were the fastest team on Age Standard. Well done all our Club riders. I didn’t ride because I wrongly addressed my entry to no. 53 instead of no. 63, so it did not arrive in time. I did some strength training instead on the Friday and Saturday, and had a rest day marshalling at the Canterbury turn. Val and Tony organised a great event. Thanks.

I’m writing this on Friday evening, 18th August. Tomorrow morning I’m riding in our OMA 10, and then driving from there with our son James to Dover to catch the ferry and start our journey to Austria for the World Masters. I’m doing a time trial on Wednesday, and a road race on Saturday – wish me luck!

I have also been having a go at racing on the track and Derney pacing. Last week I rode the Anerley 50 on the Horsham Course. I did 2.15.29, and hope it has helped to build up my aerobic power.

I’ll be back home late on the 28th, and then off again

shortly afterwards to Manchester for the World Masters Track Championships.

I'll leave you with the usual quote:

“In the end, it's extra effort that separates a winner from second place, but winning takes a lot more than that, too. It starts with complete command of the fundamentals, then it takes desire, determination, discipline and self-sacrifice. Finally, it takes a great deal of love, fairness and respect for you fellow man. Put all these together, and even if you don't win, how can you lose?”

ROY

Hi Roy,

Charlie has asked me to pass on the following to De Laune members. Charlie is now at home and improving with every day, something we all thought impossible a couple of months ago.

All the best,

Tony Alston

From Charlie Ayson

To the Nomads and De Laune

Thank you all for your kind thoughts and cards to myself, and family during my eleven weeks in East Surrey hospital.

I am now home to complete my recovery, which will take longer to repair. At the moment my right hip is not fully weight bearing and they say that I need to put more muscle on and strengthen the tendons in my buttocks. All the other injuries should repair in the long term. As I become more mobile, I hope to meet up at the various events and activities, and thank you personally for your good wishes.

Thank you again,

Charlie Ayson

The Chairman's Report



A lot of people did not know that it was our President's birthday on the same day as our open 25. (July 30th age 70) This was going to be a big day for Roy but he had a few problems:

First of all he was going to enter for the open 25 and with his new vets handicap standard he was looking for a prize. Problem number one was when he sent his entry form to the wrong address! Problem number two was when he decided to marshal on the Thannington roundabout and sent three riders down to the farm shop. Danny Rudd said it did not matter, as he wanted some milk and eggs anyway.

Problem number three came when he lost his car keys. We looked everywhere; the hall, the toilets, car park and back to the roundabout. He finished up being taken home by Mike Peel, all the way to Tatsfield, for his spare car keys, and Gina taking him in her car all the way back to Chilham.

Roy, Happy Birthday and welcome to the club of getting old and it gets worse!

How I did enjoy the article in last months DLN by James Lyon 'From Dulwich to Dunwich' who rode with James King, Ross Fryer, and our Jane Wadsworth, who also wrote a lovely article in the July addition and put us all the shame. James's article brought back many memories of riding through the night and in the rain.

When I was a kid of 16 and lived in Bognor Regis, I rode up to the Cycle Show at Olympia on my own. It took hours. I then walked around the cycle Show for about three hours collecting all the brochures I could get my hands on. At about 10pm I started the ride home (about 70 miles) and it started to rain. I had no money left and had the knock up to my eyebrows so to lighten the load I started get rid of the brochures bit by bit from my bonk bag all the way back to Bognor. Happy days. James you will remember times like that in the future, so make the best of them. By the way, I

thought your single gear of 81 was a bit high. I used to race on that sort of gear!

On the Sunday the 8th of October, Cliff Steel and I are running a special club run around Richmond Park. This is for members to ride and invite guests who would like to join our club. We ran this last year and we had a good turnout.

The format is simple. We hope to do four laps of this lovely park (about 24 miles) No one, repeat no one, will go past the club runs captain for the first three laps. After that, all hell can be let loose! But remember it is a club run! We hope to start at 10am sharp. We will meet, as last year, in the car park by the café. Wear De Laune vests if possible, it looks good.

We had a good turnout for the old members 10 and I know that Alan Rowe will give you a full report in this issue.

On behalf of the committee I would like to thank Gina Savery for the hard work she put in with regards to the open 10, which had to be cancelled due to road works and an alternative course and changing rooms could not be found in time.

Our President Roy who was the Event Sec. had every thing sorted. The course, the changing rooms, timekeepers, marshals, and envelopes for the start sheets, the lot. We then found out about the road works just before Roy had to leave for the world vets championships in Austria.

Panic set in as we had to get the entry forms returned to the riders in time so that they could enter another event. Stax contacted Gina who said to him "All entries received and sent back. No problems" Thank you Gina.

Had a word on the telephone this week with one of our oldest members, Len Danby who said how much he enjoyed reading the DLN with the new format of coloured pictures and he reads it from back to front. I have had this comment from other members as well. Thank you Mark for getting the magazine out each month. You are doing a grand job. (I know the hardest bit is getting that staple in the middle). **KAV.**

Club Open 25 – 30th July, 2006

Once again another event under our belt and again success for the Club with Nick Butler taking the 8th place award and picking up the Club Championship 25 trophy. Not to be outdone our veteran riders of Brian Dacey, Alan Priddy and Peter Jenn dashed round fast enough to take the fastest vets team award on age standard with a staggering combined plus of 46 mins 32 seconds. Brian also featured in the vets on age standard award listings. We had a good turn out of 9 riders from the club recording times of

Nick Butler	57.19	
James Lett	1.0.08	
Brian Dacey	1.1.50	2 nd placed Vet on age standard
Alan Priddy	1.4.14	
Peter Jenn	1.4.45	
Dave Haggart	1.5.49	

Two non finishers came in the guise of Danny Rudd who punctured at the furthest point of the course away from the HQ and had to patiently wait for Dad to collect him (whatever happened to spares underneath the saddle for emergencies ?) and Alan Rowe with chain problems, it appeared the chain wanted to go round the sprockets in a different configuration than normal. We had one non starter that of Peter Malin Jones.

The whole event had a its best entry for years – 95 in total . We had 4 previous winners entered namely Tony, Ian Silvester, Phil Bull and Paul Mill. Eventually Paul Mill added his name again to the list of worthy winners of the **Fred Peachey Memorial 25 trophy** with a time of 53.39, just half a minute clear of the second placed riders.

Prior to the event this year we had been bathed in endless sunshine, with heatwave temperatures, this was set to end on the day of the promotion. On the day however just the first 15-20 riders experienced some slight drizzle which made the Canterbury turn a little slippery, however the skies soon cleared and we were blessed with good weather once again. My biggest worry was 2 sets of temporary traffic lights that had sprouted up on the Ashford leg of the course, but again we had a quick reccy of the course on Saturday afternoon when we picked up the key to HQ and again on Sunday morning and our prayers had been answered for both sets of had lights disappeared.

We arrived at the hall just before six to find we had been beaten there by some of our trusty marshals. Brian Saxton was busy emptying the back of his trusty white

van of its contents, I'm not really sure how he gets everything in, but I am truly glad he does.

The tea ladies in the guise of Pat Kavanagh, Jean Rowe Linda Adams and Vi Sinnett soon got to work chopping up cakes, boiling water and making all the preparations for the expected onslaught of riders, while Pat and Ted Hill, (From my other Club) took on their respective roles of result board writer upper and signing on steward.

The scene was now set for the event to get underway, Kath and Paul Mephram our resident timekeepers from the VC Elan got the watches running they were ably assisted by Peter Baker again of my other club, and Mick Peel was aided and abetted by Mick Hartley who prepared themselves for the job of pushing off 95 riders.

The first marshals to see the riders were Kav, Brian Shambrook and Roy Savery who were placed at the Canterbury turn. I understand three riders tried desperately hard to go off course at this point, but they didn't escape the clutches of our marshals and were safely gathered in. After the riders negotiated this point they then met Alan Constable, Malc Adams and Geoff Sinnett at Chilham where they were directed towards Ashford where Brian Saxton John Geoghegan and Beryl & Don White were turning them back to Chilham and the finish.

At the conclusion of the event our President Roy Savery presented the **Fred Peachey Trophy** to Paul Mill.

My last thanks must go of course to Tony who as usual is always on hand to assist with anything I throw at him.

This year has been no different in that I have already received numerous compliments from the riders on the number of marshals and the general friendly atmosphere in the hall after the event which I have gracefully accepted, but of course these should be directed to your goodselves. Thank you.

See you all next year when hopefully we will have some Junior competitors for the Johnson Trophy and with a bit more effort from me we will top the 100 competitor mark.

Val the Peach

Fred Peachey Memorial Open 25 Mile Time Trial

Held on Sunday 30th July, 2006

On Course Q25/8 (Chilham)

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

Awards

1 st Fastest	Paul Mill	Team Edwards/Elite Cycling	53.39	£40
		Plus Fred Peachey Memorial Trophy for 1 year		
2 nd Fastest	Andy Proffitt	Arctic Shorter Rochford RT	54.13	£30
3 rd Fastest	Phil Bull	VC Elan/Harry Perry Cycles	55.27	£25
4 th Fastest	Dave Pollard	InGear Quickvit RT	55.47	£20
5 th Fastest	Lee Turner	Sigma Sport Pro Cycle Shop	55.50	£15
6 th Fastest	Ben Ward	San Fairy Ann CC	56.20	£10
7 th Fastest	Stephen Castle	GS Invicta/Eye Level Optical	56.28	£10
8 th Fastest	Nick Butler	De Laune CC/Evans Cycles/Specialised	57.19	£10

Fastest Team of 3 riders

Ben Ward	56.20		
Barry Charlton	58.00	2.52.21	£5ea
Mike Piper	58.01		

1 st Vet OAS	Carole Gand	Kent Cycles RC/Bianchi/Look/Techno/ProMet	(+19.13)	£40
2 nd Vet OAS	Brian Dacey	De Laune CC/Evans Cycles/Specialised	(+18.51)	£30
3 rd Vet OAS	Kevin Gill	PCA Ciclos Uno/Abbey Business	(+17.57)	£25
4 th Vet OAS	Alan Brown	West Kent RC	(+17.43)	£20
5 th Vet OAS	John Booty	Wigmore CC	(+17.33)	£15
6 th Vet OAS	Bob Stapley	Epsom CC	(+17.05)	£10
7 th Vet OAS	Phil Bull	VE Elan/Harry Perry Cycles	(+15.40)	£10
8 th Vet OAS	Barry Charlton	San Fairy Ann CC	(+15.16)	£10

Fastest Team of 3 riders on Age Standard

Brian Dacey			
Alan Priddy	De Laune CC/Evans Cycles/Specialised	(+46.32)	£5ea
Peter Jenn			

Ladies

1 st Fastest	Carole Gandy	Kent Cycles RC/Bianchi/Look/Techno/ProMet	1.3.17	£10
2 nd Fastest	Nicki Barron	Ashford Tri Club	1.4.57	£5

Event Secretary

Val Peachey,
63 Beverley Road, Barming, Maidstone, Kent. ME16 9DU 01622 727649

Thank you for your support for the De Laune Open 25 which is a memorial event to Fred Peachey. For those not familiar, Fred, father of Tony Peachey, joined the 'Gentlemen of the De Laune' in 1952 and worked tirelessly for the sport and the club until his sudden demise of a heart attack in February, 1969. Apart from carrying out various official duties on the Club committee Fred represented the De Laune on the RTTC London South committee, BCF (BC) SE, Road Records Association, Southern Roads Records Association and Southern Counties Cycling Union. Fred also found time to support everyone in all aspects of the sport from time trialling, road racing, track, off road and touring. He promoted this open promotion for many years and as a mark of respect the Club members provided the current trophy and dedicated this open 25 to his memory.

Up to the present day. Tony and I had a scare on Friday before the event to find 2 sets of traffic lights on the Ashford leg, however they had miraculously disappeared by Saturday afternoon. Even the weather was on our side with most riders getting a dry ride - the promised downpour of rain just did not arrive though I know it was just a little slippery for the very early starters.

I would like to reiterate my thanks to the individuals, outside of the De Laune who volunteered their help on the day namely Kath and Paul Mepham (VC Elan/Harry Perry) who covered the start and result timekeeping, Peter Baker (San Fairy Ann CC) who acted as recorder for Paul. To Mick Hartley (San Fairy Ann CC) for assisting with the pushing off. To Pat Hill (San Fairy Ann CC) who kept the board in the hall up to date and Ted Hill (San Fairy Ann CC) who 'manned' the signing on table.

My thanks to the 'Gentlemen of the De Laune' who ably marshalled, namely Club President - Roy Savery, John Kavanagh Brian Shambrook (Canterbury turn), Geoff Sinnett, Malc Adams and Alan Constable (Chilham Fork). Brian Saxton, John Geoghegan, Don and Beryl White (Ashford turn), and to Mike Peel for flexing his muscles in the guise of pusher off. Most important for the riders the efforts of the 'Ladies of the De Laune' for administering refreshments, namely Pat Kavanagh, Linda Adams, Jean Rowe and Vi Sinnett.

Special thanks to another 'Gentleman of the De Laune' - who many will recognise currently being associated with the San Fairy Ann - Tony - who is my backroom boy, who helped with field placing, writing up the result board, checking of start and result sheet and subsequent despatching, and keeping me supplied with tea and coffee at the appropriate times! I'll turn the old saying on the head by saying behind every good woman is a good man.

Congratulations to all prize winners especially Paul Mill who adds his name yet again to the names on the trophy - well done Paul on a superb ride on the day. A huge thank you to all other riders, please come back again next year and bring your friends. There will be a separate event published for Junior riders as we were bereft of this category for 2006 and we have a magnificent trophy which should be sitting on somebody's sideboard.

I have already volunteered to organise the event in 2007 so I will look forward to seeing you all again, just one year older!

Val Peachey

Pos	No	Name	Club	Cat	Time	+/-
1	95	Paul Mill	Team Edwards/Elite Cycling		53.39	
2	90	Andy Profitt	Arctic Shorter Rochford RT		54.13	
3	75	Phil Bull	VC Elan/Harry Perry Cycles	V	55.27	+15.40
4	55	Dave Pollard	InGear Quickvit RT	V	55.47	+14.48
5	85	Lee Turner	Sigma Sport Pro Cycle Shop		55.50	
6	35	Ben Ward	San Fairy Ann CC		56.20	
7	65	Stephen Castle	GS Invicta/Eye Level Optical		56.28	
8	45	Nick Butler	De Laune /Evans Cycles/Specialised		57.19	
9	82	Gary Chalkley	Kent Cycles RC/Bianchi/Look	V	57.30	+10.00
10	80	Kevin Gill	PCA/Ciclos Uno/Abbey Busi	V	57.32	+17.57
11	70	Ewen Hendon	PCA/Ciclos Uno/Abbey Busi		57.33	
12	76	Barry Charlton	San Fairy Ann CC	V	58.00	+15.16
13	15	Mike Piper	San Fairy Ann CC		58.01	
14	40	Paul Buttery	Medway Velo Club		58.02	
15	60	Jim Cheek	InGear Quickvit RT		58.02	
16	46	Carl Chapman	GS Invicta/Eye Level Optical		58.14	
17	50	Pat Kinch	Churnet Valley Velo/Churnet	V	58.24	+7.36
18	10	Antony Bee	Kent Cycles RC/Bianchi/Look		59.16	+7.44
19	91	Ian Silvester	San Fairy Ann CC	V	59.17	+8.13
20	25	Mark Wright	DCB Kent/DCB Kent Ltd		59.30	
21	36	Graham O'Neill	Thanet RC	V	59.42	+12.29
22	31	Derek Howlett	Kent Cycles RC/Bianchi/Look	V	59.49	+6.41
23	83	Pete Roberts	InGear Quickfit RT	V	59.56	+11.43
24	84	Tom Burke	Dulwich Paragon		59.58	
25	62	James Lett	De Laune /Evans Cycles/Specialised		1.0.08	
26	5	Pete Andrews	VC Elan/Harry Perry Cycles	V	1.0.15	+9.49
27	79	Clive Burr	VC Londres	V	1.0.24	+5.47
28	26	Steve Quincy	VC Elan/Harry Perry Cycles		1.0.30	
29	27	Steve Jezzard	VC Deal	V	1.0.43	+6.47
30	67	Carl Bradford	Kent Cycles RC/Bianchi/Look		1.0.44	
31	41	Richard Masters	Wigmore CC	V	1.0.57	+5.03
32	30	Christopher Bax	VC Deal	V	1.1.00	+12.16
33	77	Andrew Marshall	Redhill CC	V	1.1.43	+4.47
34	47	Brian Dacey	De Laune /Evans Cycles/Specialised	V	1.1.50	+18.51
35	93	Gary Holmes	Deal Tri	V	1.2.35	+7.29
36	6	Shaun Thompson	Downland Cycles		1.2.49	
37	56	James Davey	London Fire Brigade CC	V	1.3.07	+14.04
38	42	Clive Nye	San Fairy Ann CC	V	1.3.17	+7.18
39	86	Mrs Carole Gandy	Kent Cycles RC/Bianchi/Look/	LV	1.3.17	+19.13
40	68	Jason Wares	Thanet RC		1.3.33	
41	17	Kevin Gleadow	Medway Velo Club	V	1.3.34	+7.33
41	63	Alan Brown	West Kent RC	V	1.3.34	+17.43
43	51	Bob Stapley	Epsom CC	V	1.3.36	+17.05
44	7	John Booty	Wigmore CC	V	1.3.44	+17.33

45	66	Barry Page	Hertfordshire Wheelers	V	1.3.58	+5.35
46	61	Mick Walker	Woolwich CC	V	1.4.13	+13.32
47	32	Alan Priddy	De Laune /Evans Cycles/Specialised	V	1.4.14	+14.41
48	52	Mark Williams	Team Larkfield Cycles		1.4.23	
49	1	Peter Jenn	De Laune /Evans Cycles/Specialised	V	1.4.45	+13.00
50	2	Paul Taylor	Thanet RC		1.4.54	
51	8	Ms Nicki Barron	Ashford Tri Club	LV	1.4.57	+6.10
52	94	Martin Brown	7Oaks Tri	V	1.5.15	+3.16
53	28	Keith LyonAshford	Tri Club	V	1.5.33	+8.16
54	73	Neil McI nerney	7Oaks Tri		1.5.35	
55	11	David Haggart	De Laune /Evans Cycles/Specialised	V	1.5.49	+2.42
56	43	Sid Toole	Thanet RC	V	1.6.39	+9.24
57	18	Peter Huckstep	Thanet RC	V	1.7.03	+7.19
58	23	Ms Christine	JohnsonAshford Tri Club	L	1.7.04	
59	38	Stan Franklin	Medway Velo Club	V	1.7.44	+9.27
60	89	Ken Gardner	CC Bexley	V	1.7.55	+9.50
61	53	Miss Bobbie	FairhallThanet RC	LV	1.8.03	+10.17
62	96	Tony Peachey	San Fairy Ann CC	V	1.8.12	+13.41
63	88	Kit Nelson	Deal Tri	V	1.8.22	-2.22
64	33	Mark McConnell	San Fairy Ann CC	V	1.8.32	+0.30
65	69	Martyn Peal	San Fairy Ann CC		1.8.32	
66	48	Mike Hawkins	Larkfield AC	V	1.8.48*	+2.51
67	24	Philip Taylor	Crystal Palace Triathletes	V	1.9.08	-1.38
68	54	Brian Wesson	San Fairy Ann CC		1.9.24	
69	78	Andy Burrows	Thanet RC	V	1.9.41	+8.39
70	4	Glyn Tully	Sydenham Wheelers	V	1.11.49	-4.19
71	3	Derek Harris	Hampshire RC	V	1.12.00	+12.22
72	12	Ernest Mackey	Medway Velo Club	V	1.12.11	+7.54
73	29	Ms Carolyn Hawkes	San Fairy Ann CC	LV	1.14.20	-2.09
74	14	Roy Canning	CC Bexley (Trike)	V	1.14.28	+7.25
75	19	Christophe Boudet	7Oaks Tri		1.14.46	
76	34	MsJayne Puckeridge	Ashford Tri Club	L	1.16.14	

*includes 15 secs late start

DNF

37	Alan Rowe	De Laune /Evans Cycles/Specialised	Mechanical failure
71	Danny Rudd	De Laune Evan Cycles/Specialised	Puncture
72	Mrs Claire Silvester	San Fairy Ann CC	Ran out of oomph

DNS

9	Nicholas Varley	7Oaks Tri	
16	Stephen Clarke	Ashford Whs	
20	Paul Burrows	Kent Cycles RC/Bianchi/Look/	Apology
21	Mick Dongworth	San Fairy Ann CC	
22	James Bax	VC Deal	Apology
39	Andy Widdett	Deal Tri	
44	Nick Abel	Deal Tri	
49	Martin Brown		San Fairy Ann CC

LATE MAIL

VERY IMPORTANT



Important news

– Special General Meeting –

Thursday October 5th 2006

By now all club members should have received notice of a Special General Meeting on October 5th, to vote on a major review of the Club's Rules. It will be held at the British Legion Club, 95 Barry Road SE22, starting at 7.30 pm promptly.

This review is designed to do several things. Primarily we it will make our rulebook a little shorter, read more easily, and bring it 'up to date' with a proper mission statement and equal opportunities policy. Under these proposals a large proportion of the current rules will be changed to some degree: some will mean the same as before, but using simpler language; some may be deleted because they haven't been used for many years; a couple conflict with other rules and have had to be changed; some make slight changes in the way we operate as a Club.

However, the most important rule changes will enable the Club to become a Community Amateur Sports Club (CASC). This will give us a number of benefits, most importantly to give us interest on our investments free from tax. We would also get Gift Aid tax relief on any donations made by individuals to the Club. With our current investments this will mean saving around £2000 per year in tax, a figure which will rise after we have identified the most suitable high-growth, long-term fund to invest with.

In return for this tax relief we have to commit the Club to being not-for-profit and amateur, so that all the Club's assets will be used for the good of the Club and for the sport, or even for other sports. Its assets may not be used for personal gain for any members, so while it is possible to make payments to members, there are very strict rules on this. A useful, short guide to CASC status can be found at www.hmrc.gov.uk/casc/index.htm. Our decision on this needs careful consideration, because once we have decided to register as a CASC, we cannot reverse this.

A CASC should:

- Have a membership policy open to all members of the community.
- Be not-for-profit – any surplus funds made must be available to further the Club's aims, or to further the aims of the sport and its National Governing Body.
- Have a stated policy that if the Club should ever dissolve, then its assets must not be shared out among the members, but be donated to other CASCs or the sport's governing body.

Three documents have been placed on our website, www.delanecc.org which should guide you through the rule changes we intend to make. The first contains the proposed changes to the General Rules, the second the proposed changes to the Memorial Fund Rules, and the third is a draft of how the rules will look, if all of the proposed changes are accepted at the meeting. If you don't have access to the internet, please contact Brian Saxton who will be happy to send you a set.

The proposals will be considered in turn at the SGM, so it has the potential of being a long meeting. For that reason I recommend that you have a good look through and make sure you understand the changes before you attend. Please feel free to email me beforehand with any questions, at wxwright@msn.com , or phone me on 020 7735 9605.

All the proposals have been studied in detail by senior members of the Club, as well as the Club's solicitor and the Inland Revenue's Sports Club Unit to make sure they comply with Trust Law and CASC rules. After the last major review of our rulebook there were several adjustments made at General Meetings over the following couple of years. Therefore I suggest that we reserve the main discussion for the important points, and if we need to make minor alterations to wording in the less important ones, we can do this at future meetings.

After a few quieter years, it is evident that the Club is starting to rise again. I feel that this meeting will be a landmark day for the Club, and that by becoming a CASC we can commit ourselves to a secure and lasting legacy for cycling long into the future. I hope that as many of you

as possible can attend the meeting and show your support for these important changes.

Bill Wright

Hi Mark,

I hope I am in time for this to be included in the next De Laune News.

The President reminded me about the Swimathon, and the reason for the delay is I have been waiting for the result with regard to the amount

raised, but unfortunately this has still to be finalised.

However, my team known as 'The Splinters' duly did our bit for one hour, up and down the pool at our own pace with the odd rest and a quick chit-chat in between, as this is not a race. I am very pleased to say that with the generous help of £110.00 from the Club members that attended the OMA lunch in June I raised the grand sum of £271.00. So many many thanks to everyone.

Looking forward to seeing you all again at the Belgian Night and of course the Sunday service at Newnham in November. (Dot please take note!)

Regards to all

George Wood

57	Martin Dawkins	Downland Cycles	
58	Duncan Scott	San Fairy Ann CC	
59	Pete Haswell	Thanet RC	
64	Mrs Elizabeth Scott	San Fairy Ann CC	
74	Peter Malin Jones	De Laune CC/Evans Cycles/Specialised	
81	Steve Freeman	Chelmer CC	Apology
87	Neil McCann	VC Elan/Harry Perry Cycles	
92	Jason Chester	Team JD Cycles	

Additional Sponsored Club - VC Deal /Hammonds Dover/NicoSport/SIS/Harry Rowland

Handbuilt Wheels

Previous winners – Fred Peachey Memorial 25

1969	Les Jackson	Morden CRC	58.20
1970	Martin Crowther	Archer R.C.	58.11
1971	Derek Cottington	Charlotteville C.C.	58.00
1972	Derek Cottington	Charlotteville C.C.	56.16
1973	Tony Peachey	De Laune C.C.	59.12
1974	John Woodburn	Maidenhead & Dist CC	59.15
1975	Ted Boorman	Croydon C.R.C.	1.0.22
1976	Ted Boorman	Croydon C.R.C.	1.0.16
1977	Marcus Roberts	South Eastern R.C.	1.1.01
1978	Derek Cottington	Charlotteville C.C.	55.15
1979	Pete Howard	Woolwich C.C.	59.50
1980	Ralph Walker	Bec C.C.	59.48
1981	John Wright	Addiscombe C.C.	56.57
1982	Derek Cottington	C.C. Orpington	56.59
1983	Ian Silvester	Southboro & Dist Whs	57.58
1984	Alex Deacon	Lewes Wanderers	57.05
1985	Alex Deacon	Lewes Wanderers	56.32
1986	No event		
1987	Shay Giles	Thanet R.C.	59.44
1988	Pete Hamilton	Wren Whs	57.17
1989	Pete Hamilton	Wren Whs	1.0.16
1990	Phil Bull	Gemini BC.	58.58
1991	Phil Bull	Gemini BC	56.04
1992	Bruce Drew	Wembley R.C.	57.42
1993	Lawrence Martin	San Fairy Ann C.C.	56.30
1994	Steve Hunt	V.C. Slough	54.50
1995	Mark Pooley	Thames Tradesmen RC	54.50
1996	Sean Yates	Motorola	48.48
1997	Tim Stevens	Team Clean	52.05
1998	Tim Stevens	Team Clean	53.03
1999	Michael Hutchinson	Cambridge Uni C.C.	51.15
2000	Paul Mill	Team Edwardes	54.09
2001	Sean Yates	Team Clean	53.28
2002	Ian Silvester	San Fairy Ann C.C.	37.23 (16 mls)
2003	Paul Mill	Team Edwardes	53.48
2004	Paul Mill	Team Edwardes	54.13
2005	Sean Yates	In Gear Quickvit RT	53.14
2006	Paul Mill	Team Edwardes	53.39

ALPE D'HUEZ

The photograph is of Brians Shambrook and Saxton and was taken above Alpe d'Huez. You can spot the climb just below the landing wheel. The photograph was not, as stated by Kav, taken by him hanging from the wing tip but by a camera suspended from the wing tip. Fortunately Brian Shambrook completed his National Service with the RAF and Brian Saxton was at one time the proud owner of a Volkswagen Beetle, 1965 vintage, making a competent team of pilot/navigator and flight engineer.

The village at the foot of the climb is Bourg d'Oisans and it is 1,060 metres to the summit at Alpe d'Huez. The climb comprises 21 hairpin bends over a distance of eight and a half miles. It is estimated that in 2004 when Lance Armstrong won the time trial up Alpe d'Huez there were a million people lining the route. Unlike many climbs, there is no gradual increase in gradient; the road rises out of Bourg d'Oisans and the climb begins from the flat to nine percent immediately.

All the bends are numbered in descending order and metal plates are secured to the rock face on each one indicating the date and name of the stage winner that year. As a matter of interest, the winner in 1978 was Michel Pollentier, who was subsequently disqualified for avoiding a dope test; thus, Hennie Kuiper, the Dutchman, was awarded the stage win. Here we are, 28 years on and things don't seem to change much, with the impending disqualification of Floyd Landis as the Tour winner this year for drug-related offences!

More over





We have been given to understand that this was Brian attempting to land

MEMBERSHIP

We welcome new member, Jon Archdeacon, who lives in Tooting, London, SW17. Jon got to know about us through the club website. Before moving to London, he was a member of the Weaver Valley CC.

It was, indeed, a coincidence that Jon and his wife, Sarah, met up with Alf Wason in Wareham, Dorset a few weeks ago whilst they were on a cycling holiday – see Alf’s letter in last month’s DLN.

On another subject, I have recently received from Arthur How (who must be having a tidy up!) various old club dinner menus – 1960s and 70s vintage – together with handbooks from the 1950s, 60s and 70s, also race programmes, etc. Most of these have ended up in the club archives; however surplus copies of the programme for the Crystal Palace Cycling Festival promoted by the club on Saturday, 9th August 1958 have been sent to the various club members whose names are mentioned in the

programmes. One member who was pleased to receive a copy is David Dulake, who stated in a letter to me that it had “filled the void in my cycling life since Eric (Caspall) neglected to return my original copy”. Also of interest was the Whit Saturday programme of a club promotion at Herne Hill held on the 16th May 1959; again, copies of these have been sent to interested members.

Arthur also sent a newspaper cutting from the South London Press dated Friday, September 25th 1964, which was the 75th anniversary of the club, which includes, and I quote: “Today’s stars of the De Laune include Alan Rowe, Roy Chittleborough and John Kavanagh, the man who has broken the club ‘25’, ‘30’ and ‘50’ miles records and won the club’s oldest trophy, the De Laune bowl eight times in the past nine years.” The article also mentions that Brian Dacey just failed to be selected for the Olympic Games that year. It ends with the following sentence: “De Laune has been a premier club for 75 years and under its present constitution will stay at the top for another 75 if the present set-up has anything to do with it”.

To bring us more up to date, Kav recently passed me an E-mail from an American guy by the name of Chris Drake, who was over from California attending a business meeting in London. He had seen our website and was so impressed that he decided to buy one of our club vests for his girlfriend in the States, who apparently collects cycling club clothing!! I arranged to meet with Chris on the forecourt of the Old Kent Road Fire Station, as this seemed to be a good halfway point between my home in Bromley and Chris’ hotel in Holborn. I had a brief word with Chris (also with the cab driver to assure him we were not arranging a drugs drop, to which he replied “Do as you like, mate!). Chris was returning to the USA the following morning and seemed very happy with his purchase.



***Got to get this shirt to
the Old Kent Road***

Brian Saxton

TIME TRIALS**BEC CC 16/07/2006**

1	Steve Dennis	East Grinstead CC	00:52:38	+14:52
11	Nick Butler	De Laune CC	00:56:38	
44	Alan Priddy	De Laune CC	01:02:02	+16:53

West London CA 25 06/08/2006

1	Ray Hughes	Clarence Wheelers CC	00:53:47	+ 16:17
27	Peter Jenn	De Laune CC	01:01:07	+ 16:38

VTTA -Kent 10 05/08/2006

1	Carole Gandy	Kent Cycles	00:24:23	+7:42
3	Alan Priddy	De Laune CC	00:24:42	+ 6:02
8	Alan Rowe	De Laune CC	00:26:40	+ 4:50
!8	Malcolm Adams	De Laune CC	00:28:11	+ 3:19

VTTA Kent Group Champs. '10' 23/07/2006

1	P Burrows	Kent Cycles RC	00:20:25	
28	Alan Priddy	De Laune CC	00:23:22	
52	Chris Pendalton	De Laune CC	00:27:44	

Anerley Bicycle Club 50 13/08/2006

1	Laurence Harding	www.Agiskoviner.com	01:49:39	+27.22
34	Roy Savery	De Laune CC	02:15:29	+37:47
36	Dave Haggart	De Laune CC	02:17:51	+3:19

Anerley Bicycle Club 10 12/08/2006

1	Laurence Harding	www.Agiskoviner.com	00:20:26	+5.04
9	Nick Butler	De Laune CC	00:22:12	
40	David Haggart	De Laune CC	00:25:16	+1.14

Reading CC 13/08/2006

1	Peter Kench	GWR Team	00:54:48	
	Alan Rowe	De Laune CC	DNF	

**London Triathlon Sunday 6th August
at London Excel centre
Olympic distance 1500m swim 40k bike 10k run**

This being my second go at the London tri I was pushing for a better time of 2:29:09 from last year. I was feeling confident it was the early start again, start time 7:00 am so up at 4:00 am with Carol my wife and Cassea who was not too impressed to be woken at that time of the morning nearly into the terrible two's wait till Belgium night. There was a delay at the start of my race 15 mins same as last year and then off we went the swim was steady for me anyway. I knew where the turning point was so that was handy the water was pretty murky it did not taste great either but what do you expect from the Thames, did not see any floaters thank goodness.

Anyway it was out of the swim and into the transition area onto the bike feeling good I pushed hard as this was going to be the strongest part of the race for me I wanted to get some time back it always feels good when you pass people I had lost count after 45 or so one guy did try and pass me and we played cat mouse for a few km but he started to get on my nerves so I sprinted up one of the hills and did not see him again .

The transition from bike to run went very smoothly I knew I had made some time up on transition I hoped I had something left for the run I started to pace myself with a group of around four runners I was determined to stay with them it was a hard pace and after the first 5k I was starting to feel it and started to be dropped with one other guy the pain was kicking in now and I was running on empty and with about 100 yards to go the other guy sprinted off, I did try to stay with him but he beat me by 2 seconds. It was a hard race it felt a lot more painful than last year but I did get a better time and a higher position than last year which makes the pain a lot easier, a big thanks goes to my two girls (support team) Carol & Cassea how sweet it was to hear my name being called out at different points on the course bless them still thinking about next year.

Finish time 2 hrs 26 mins 22 seconds pos 47th out of 369 finishers in the 40-44 age group

Cliff Steele

Eastway Thursday League 2006 : 10/8/06

A League

1	Adam Norris	Plowman Craven ASS
2	Dan Staite	Rapha Condor
3	Diago Garavito	Edwardes RT
12	Danny Rudd	De Laune CC



ALAN ROWE RIDING THE READING CC 25

Photo courtesy of DGS Photography

Please note that due to road works on the slip road onto the A21 (the ski slope), the club committee has decided that the above event, scheduled for Saturday, 9th September on the Q10/19 course, should be cancelled as we have no assurance that these works will be completed by that date.

We are in the process of informing all the entrants that the promoter, Roy Savery, has received so far. Roy left yesterday for Austria to ride in the World Veterans Championships so, of course, is unable to deal with this matter.

Brian Saxton

Hon Club Secretary

OMA '10' 19th August 2006

Result on standard J E F BUTCHER MEMORIAL TROPHY

Pos.	Name	Age	Actual Time	Age Standard	Plus/Minus
1 st	ROY SAVERY	70	25mins 12 secs	32mins 15secs	+7.03.
2 nd	BRIAN DACEY	68	24mins 46 secs	31mins 45secs	+6.59.
3 rd	ALAN ROWE	67	25mins 46 secs	31mins 30secs	+5.44.
4 th	ALAN PRIDDY	64	25mins 42 secs	30mins 45secs	+5.03
5 th	MALCOLM ADAMS	67	27mins 44 secs	31mins 30secs	+3.46.
6 th	MATT GOODES	39	23mins 27 secs	25mins 19secs	+1.52.
7 th	DAVID HAGGART	45	25mins 43 secs	26mins 30secs	+0.47.

This is the closest fought competition since the inception 4 secs. !!
Well done Roy.

Nick Butler is the winner of the Ken and Dot Fuller 25th Anniversary Trophy

Nick Butler	22:18
Danny Rudd	23:11
James King	24:35
John Archdeacon	24:49
Sam Fensterheim	24:56

See next page for photos of all the rider thanks to Kav.



O.M.A."10"



DAVE HAGGART



NICK BUTLER



ALAN PRIDDY



MALCOLM ADAMS



ALAN ROWE



DANNY RUDD



BRIAN DACEY



ROY SAVERY



SAM FENSTERHEIM



JOHN ARCHDEACON



MATT GOODES



JAMES KING



O.M.A. NEWS

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A Duathlon in the heart of central London

The race will take place on **22 October 2006** and will start at 8.30am. Registration will open in early September and there will be a race limit of 150 participants. More details will be posted very shortly, however we do not anticipate any appreciable differences from last year's event.

The course

The entire race is held within Hyde Park and Kensington Gardens, the first run on a beautiful course taking in the footpath around the Serpentine (2 laps totalling 7.6km). The bike is 8 laps of South Carriage Drive (20.8km) - don't be fooled, it's not flat but it should be fast and the road surface is good. Not done yet though, you finish with a final lap of the Serpentine (4.2km). Start, finish, transition and registration will be at the southeast corner of the park where South Carriage Drive approaches Hyde Park Corner.

Information for competitors:

- The entry fee is £20 for BTA members and £22 for non BTA members. This is an increase of £4 from last year to cover additional expenses relating to safety and security.
- There is a limit of 150 participants, an increase of 50 from last year.
- We reserve the right to restrict Serpentine Running Club members from registering if we are short of volunteer marshalls.
- There is a **strict time limit of 2 hours** to complete the course. This should be achievable by all abilities but please understand that if punctures or mishaps slow you down, we may need to end your race prematurely. Time limits are imposed by the park officials to avoid inconvenience to other park users.

Contact Details

Nadya Labib

Race Director/Organiser

Email duathlon@serpentine.org.uk

Mobile 07729 493 518

www.serpentine.org.uk/events/duathlon/

DATES TO REMEMBER

Diary Social/Club for 2006

Friday	3-Nov	Belgium Night	Blackheath Clubroom
Sunday	10.30	19-Nov	Memorial Service Newnham

Club & Inter-Club Events for 2006

Sunday	17-Sep	Autumn 25	G25/53
Sunday	24-Sep	Down Hill	Tilburstow
Sunday	11.00	1-Oct	Hill Climb GH 31

SEE MESSAGE BOARD to keep UP TO DATE

<http://mikepeel.proboards67.com>

CLOSING DATE FOR THE NEXT ISSUE 27th SEPTEMBER

Anything for inclusion please send to:

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