

DE LAUNE CYCLING CLUB

FOUNDED 1889



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MILLAR WINS WORLD TT

David Millar delivered the Time Trial World title every British fan hoped he had in him in a superb display of time trial riding in Hamilton, Canada. Millar finished the 41.6km course in 51 minutes 17.3 seconds, a massive 85 seconds clear of runner up Michael Rogers of Australia, with Uwe Peschel of Germany just a half a second further back in third. For Millar it was a wonderful performance in many ways. Firstly he rose to the challenge of being a clear favourite for the event superbly. The pressure pre race must have been terrific, yet the tall Scot shrugged it off with a display of sublime riding. (Please note he is not a De Laune Member).

DE LAUNE NEWS

November 2003

No. 856 -74th Year

www.delaunecc.org

OFFICIALS			
PRESIDENT JOHN KAVANAGH 40 Beverley Road Barming Maidstone Kent ME16 9JP 01622 726959 01622 726959	SECRETARY PETE HARRIS 91 Ashbourne Road Ealing London W5 3DH 020 8997 7852 020 8997 7852	TREASURER JAMES LETT 102 Park Road Kingston Surrey KT2 5JZ	CLUB NIGHT First Thursday of each month HERNE HILL STADIUM Burbage Road London SE24 9HE

THE PRESIDENTS REPORTS

Imagine over one hundred years ago and you are sitting in the "De Laune Institute For Men" committee meeting. One of the committee says " We have no one running in our open 5 mile cross country race this week". Then another committee member says "We have no one in the boxing team" - the club is doomed.

One member stands up and says "But hey (As Russell Williams would say) we have got these funny people riding what they call cycles and they race all dressed in black. Funny people but let us give them our support.

Now come forward one hundred years and you are at one of our committee meetings. Alan, our time trial sec tells us that we cannot get enough rides for our club events. We are then told that we have only got a couple of guys riding road races - the club is doomed.

One member stood up and said "But hey, we have got these funny people in our club who throw themselves down mountains on bikes (some with no brakes) and try to break there necks, and to make it worse, we have got a lot of them. Let us give them our support."

And indeed we must. It was great to read the results and articles from the lads in last months DLN. The article from Cliff Steele who rode for over 10 hours in a hilly mountain event in Switzerland was great. He was flying down mountains at 50 mph with no brakes. One of the locals said he is mad and he is from the Loon club! Carol, please keep our chef safe for our Belgium night!

Cliff wants to form a team for the national 24-hour time trial championship with Jeremy Briggs next year. This we have got to support.

Another great article from James Lyon who rode with Ross in the 2003 Marin Dusk 'til Dawn MTB Race. I like the names of these events. (What was Cliff's race called? The Grand Raid Cristalp). They rode a 12 hour MTB race in the dark, you must be mad but it must have been great to see over 1000 cyclists riding through the night with little lights bobbing up and down.

You both kept your strength up with 'Caffeinated Energy Gels' Are they legal? Keep to Lyons Individual fruit pies to be safe - Great ride - Well done.

We have now got the hill climb and cyclo-cross season coming up with Matt Goodes and Steve Price with wins already, and to give us icing on the cake, we have our first World Track Champion.

Well done Brian Dacey for your wins in the pursuit and points race at the UCI World Masters Track Championships. It is a pity you will not race our old mate Roly Crayford (also a world champion) on the rollers at the Belgium night. It would have been good to see both of you with your World Championship vests on doing battle. Roly tells me he has got the edge on you in sprints, is that right?

I have just come back from the Catford and the Bec hill climbs, a good day out in the crisp autumn sunshine. We had the old mob out supporting, Mike, Stax, Roy S, Tich, Katie (with little James) Alan and Ben.

The only problem we had is that we did not have three riders to count for the team award in the Catford despite Matt coming second and John O coming ninth, I think - Well-done lads.

In the afternoon we had the Bec hill climb, this time we did get the team award with two to count. Matt who was again second and John O who was eighth (I hope the full results are in this addition) again well done lads and all the best for the National Hill Climb next month.

Kav

PS Guess what - little Bert Collins turned up at the clubroom last Thursday, you never see Bert for years and then he just turns up. He is not that small, but he is the only one I know who has a full-length photo in his passport.



"I'LL SAY THIS FOR THAT PRESIDENT OF THE DE LAUNE - HE'S GOT EXQUISITE MANNERS....."

DON'T FORGET NEWNHAM 16th NOVEMBER

Dear Kav...

I read your soul-searching piece on diminishing membership a few issues ago and was pleased to see you were being realistic about the reasons for the gradual decline throughout the cycling scene. I also note with interest the recent enthusiasm of your new Triathlon recruits in bringing in new members and publicising their events.

In your editorial of this month you state 'Triathlons. This is a whole new world to me.' And therein lies one of the main problems for cycling clubs...there seems to be an inherent inability to adapt to the developments that are taking place in the cycling world. We have had and lost many members recently whose main interest was Triathlon but would have been willing to adopt track and time trialing into their training thereby benefiting their own bike fitness as well as club representation in these events. But they weren't asked or cajoled into participating and simply drifted away to train on their own or join Triathlon clubs.

Nick Kinsey, twice recently British Mountain Bike Champion in the V40 category, this year alone was 1st V40 to finish in Ironman Lanzarote and Frankfurt as well as a host of other races. Danny Hayes, a recent convert has gone on to represent GB in the world championships in Ibiza and will be doing Ironman Florida in October. John

McConville has completed an Ironman most years for the past 6 years and myself, after dipping my toe in the water [literally] with a couple of Ironman events, have gone on to get a GB vest in the recent Duathlon World Championships in Switzerland and will be Representing GB again in the forthcoming Triathlon World Championships in New Zealand.

All of these, and I'm sure there are others too, would have boosted your membership and been keen to participate in other club activities had they stayed. When I managed an athletics team at Blackheath I would recruit most of my members in the winter. People who had joined to get entry into the London Marathon would later find themselves doing the Steeplechase or Putting the Shot in Southern League events in the summer and thoroughly enjoying taking up a new challenge.

So, to end on a positive note...embrace these new members, get them to join in your time trials and track racing and make them feel part of the club... don't let them drift away. One suggestion which would be mutually beneficial [in light of the serious injuries recently inflicted on Nick Kinsey whilst out on the road] would be to have a weekly session for road bikes at the Herne Hill track where members could get in some serious speed work without the risk of being killed. Whenever I've raised this point in the past objections have been made on all sorts of grounds... none of which have ever made logical sense to me. If such sessions were introduced throughout the Winter, I for one would rejoin... and I'm sure others would too.

Jim Phelan

TRACK NEWS

Apologies for no news for the last two month, (Sorry just too late for last month Ed).

As Kav mentioned in his report we held our track championships in August, with Bec and Addiscombe CC, and unfortunately, it was marred by an accident to Ben Neville in the Five mile race.

The results were as follows:

500 m Sprint
1st Ben Neville
2nd Matt Baker
3rd Matt Goodes

Pursuit
1st Matt Goodes 3-05-60
2nd Pete Jenn 3-07-11
3rd Ben Neville 3-07-34

Five mile scratch Race abandoned with one lap to go, however, the Committee agreed to award the race to Matt Goodes.

Congratulations to Brian Dacey who added two more World Masters Championship in the 2km pursuit and the 10km points plus a bronze medal in the Sprint.

Pete Jenn raced in the 15km point's race.

Looking at the results it was pleasing to see so many Herne Hill riders amongst the winners and it just shows what a strong track league we have.

Track training is taking place on Saturday mornings at 9.30am for novices, and beginners and at 10.45 for all other categories, please come down and give it a try, you can hire track bikes. Next season please join us at Herne Hill on Mondays, Wednesdays and Saturdays and rub shoulders with all those World and National champions.

The key holders for our container at Herne Hill are Bill Wright, James Peckham and me.

Finally, we are promoting a track meeting at Herne Hill on Saturday 26 June 2004, as I have been assured by British Cycling that it will not clash with the 24 hour Red Bull Challenge. We will include a round of the National Junior Omnium and the Ken Hill Memorial Scratch Race. Please put the date in your diary and I am looking for sponsors for events, so if you would like an event named after you and can put up some of the prize money please get in touch.

Look forward to seeing you at the track.

Jeremy White



Round 1 of the Mosquito Cycles London Cyclo-Cross League held at Howard School, Rainham and hosted by Victory CC & Team 2000 on September 28.

A dry grassy course gave us high speed action in all races

Seniors

- 1 Ian Field San Fairy Ann J
- 2 Matt Holmes Arctic 2000/Shorter Rochford
- 3 Ben Lockwood GS Invicta
- 30 Bill Wright De Laune CC (Vet)

[Round 2 of the Mosquito Cycles London Cyclo-Cross League](#) held at PORC, Penshurst, Kent and hosted by Addiscombe CC on October 5.

Seniors

- 1 Matt Holmes Arctic 2000/Shorter Rochford 1.30.00
- 2 Steven Price De Laune CC
- 3 James Deare
- 36 Bill Wright (V) De Laune / Evans (Bill was 8th in VET cat)

The course was very dry and the tight lap saw rider's circulating at regular intervals. Some of the tight turns and descents tested the verve and skills of the riders whilst the sand pit just after the start saw a few hitting the deck (softly - but should all cross races have such a feature?).

Seniors

Matt Holmes (Arctic 2000/Shorter Rochford) led into the sand pit after the start and he had gained a few seconds lead over Steven Price (De Laune CC) whilst the rest scurried through. Holmes and Price spent a number of laps wheel to wheel until Price suffered a mechanical (his cassette clogged up with fauna) and he lost time switching bikes. From then on Holmes maintained his lead as Price tried to make up lost ground.

[Round 3 of the Mosquito Cycles London Cyclo-Cross League](#) held at Lydden Motor Racing Circuit, near Dover and hosted by VC Deal on October 12.

A high speed start saw Jody Crawforth (Evans Cycles RT), Ian Field (San Fairy Ann), Brian Curtis (Corridori) and Alex Atkins (Evans Cycles RT) break away on the first lap. Fighting to get back on were Matt Holmes (Arctic RT) and Steven Price (De Laune CC) who worked like Trojans to regain the group.

3rd at race two James Dear (In Gear Racing Team) found himself caught in no man's land between the leads groups. Just a little further back was another group with riders such as veterans Mick Bell (London Fire Brigade), over 50's Carl McDonagh (Brixton Cycles) and the fight for 3rd in the junior race (10 juniors started) by William Thompson (Geoffrey Butler), Rob Whenman (Team Darent), James Coop (VC Deal) and Nick Stacey (VC Londres).

On lap two Crawforth attacked on the long ascent and he gained a good lead very quickly, quick to respond was Atkins who also gained time over third place and the rest. Crawforth survived a puncture and the subsequent bike change to remain clear whilst behind him the chase was on as Atkins was pulled back. Despite all their efforts the win was Crawforth's.

Top junior Field gained a few lengths to take second followed closely by Holmes, Price, Curtis and Atkins- great stuff boys it was a great sight to see you racing wheel to wheel. Dear took 7th ahead of veteran winner Bell who placed just ahead of Thompson who had got away from Coop and Stacey to take 3rd junior. First over 50 riders McDonagh had a battle keeping Whenman, Coop and Stacey at bay.

- 1 Jody Crawforth Evans Cycles RT
- 2 Ian Field San Fairy Ann CC
- 3 Matt Holmes Arctic RT
- 4 Steven Price De Laune CC

[Round 4 of the Mosquito Cycles London Cyclo-Cross League](#) held at Dears Leap near East Grinstead and hosted by East Grinstead CC on October 19.

Matt Holmes (Arctic/Shorter Rochford), Steven Price (De Laune) and James Dear (In Gear RT) drew away on lap one from a fast moving second group consisting of Jon Sharpe (Boreas), Steve Dennis (East Grinstead CC) and Ben Lockwood (G.S.Invicta).

Another of many good fights had begun just off Nick Welsh's (G.S.Invicta) wheel featuring Finsbury Pk trio James Cocker, John Wood Finsbury Park C.C. and Nat Spurling with London Phoenix interloper Neil Simpson in attendance.

Dear had fallen back as Price and Holmes flew over the tricky terrain; Price chances were blown away by 2 crashes and a second puncture that saw him pull out leaving Holmes to romp to victory. Dear placed a safe second at just over a minute with Jon Sharpe (Boreas) in third.

- 1 Matt Holmes Arctic/Shorter Rochford 47.05
- 2 James Dear In Gear R T @1.03
- 3 Jon Sharpe Boreas @1.55
- 26 Bill Wright DeLaune C.C. Vet



HILL CLIMB RESULTS

5th Oct. WIGMORE C C Hollingbourne Hill, Maidstone. 1,400 yards
First R. English Southport CC 3m 12.5s
Second M. Goodes De Laune CC 3m 12.9s
Third T. Kelly Addiscombe CC 3m 13.0s

CATFORD & BEC HILL CLIMBS

As usual the Catford Hill Climb and the Bec Hill Climb were on the same day, this year the 19 October 2003. The Catford starts at 11:00 and 32 minutes later Matt

Goodes was 2nd to Robert English. Three hours later at Titsey Hill the same thing happened, Matt was second and Robert first - and as the Bec only counted two to a team, Matt & John O' won that too... for the second year running.

Catford Result

1st Robert English Southport CC 1:58.0

2nd Matt Goodes 2:01.4

John O'Brien 2:16.1

Bec Result

1st Robert English Southport CC 1:58.39

2nd Matt Goodes 2:03.68

? John O'Brien 2:16.31

[The South London Roller League](#) is made up of 8 events starting on October 15 through to the final on December 3.

Roller racing? - Place bike on rollers and let rip, simple - a road to nowhere, but with plenty of socialising and shouting to go with it.

Format All riders to sign on by 8.15pm for 8.30pm start1.

Race 1 - Wed 15th October - Addiscombe CC Christ Church Methodist Hall (at rear)
114 Lower Addiscombe Road Croydon CR0 6AD -
<http://members.lycos.co.uk/ccma/index.html> Paul Tunnell 020 8654 8901 020
8654 8901 (07714 339 575 07714 339 575 Mobile) (ACCESS FROM
8.30pm)

Race 2 - Thursday 23rd October - Bec CC St. Barnabus Church Hall St. Barnabus
Road Sutton - Horace Mouatt 020 8687 1735 020 8687 1735

Race 3 - Monday 27th October - Redmon CC Hill House Bishopsford Road
Carshalton Surrey www.redmoncc.fsnet.co.uk Jon Frost

Race 4 - Thursday 6th November- De Laune CC Herne Hill Clubroom Burbage Road
London <http://www.delaunecc.org/map.htm>

Race 5 - Monday 10th November- Old Portlians CC Blackheath Harriers Running
Club 56 Bourne Way, Hayes www.blackheath-harriers.org.uk/location.html Dave
Sinclair 0208 669 5198 0208 669 5198

Race 6 - Friday 21st November - Surrey Roads CC Wiseton Institute 10 Wiseton
Road London SW17

Race 7 - Thursday 27th November - South Eastern Road Club Shrublands
Community Centre Bridle Road Shirley www.southeasternrc.co.uk Colin Derrick

Race 8 - FINAL Wednesday 3rd December - Addiscombe CC Christ Church
 Methodist Hall (at rear) 114 Lower Addiscombe Road Croydon
www.addiscombe.org Paul Tunnell 020 8654 8901 020 8654 8901 Mob
 07714 339 575 07714 339 575

VETS BAR 2003

	1st ALAN ROWE	2nd DAVID HAGGART	3rd MALCOLM ADAMS
10 Miles	23.31	23.59	26.04
10 Miles	23.33	24.07	26.22
25 Miles	1.01.02	1.02.43	1.10.27
25 Miles	1.05.45	1.02.56	1.37.17
Av.Speed	24.5965 MPH	24.4129 MPH	20.6208 MPH
On age standard	+5.3368MPH	+1.637MPH	+1.3611MPH

Standards Alan & Malcolm Age 64 David Age 42

10 Miles 30.45 25.54 25 Miles 1.18.55 1.07.00

Average speed 19.2597 MPH 22.7358 MPH If any other vet has completed the required number of events please contact me, a.s.a.p. or the above results stand, subject to ratification (Rumour has it Peter Jenn may put in a last minute appearance).

Alan has had a reasonable season, but I know he had hoped for better results. Still well done at least you got two more age records. 10 Miles 23.31. 30 Miles 1.16.18.

Brian Dacey also broke the age 64 record with a time of 23.45 some weeks before Alan updated it. (Peter Gunnell's 24. 15 was the target)

For those of you who bother to read about us old boys, and may have thought that my 2nd '25' time is a misprint, well it's not. Let me explain as it just about sums up my whole season. I started at the end of March (1 event) then a dodgy Indian meal, followed by a bad cold put me out of action with just one event in April. Started again mid May, rode three events, developed pins and needles down the left side of my body. With various diagnoses, "you can race", "no you shouldn't", "yes you can", resulted in three rides in June and two in July. I finally got under way but found all the stopping and starting caused me to lose interest. However, I wanted to complete the Vets Bar as I thought Alan would like someone to beat. (I didn't know about David until last Sunday, 12th Oct.) I decided I would ride the KCA '25' for my last qualifying event (as I live only 5 minutes from the start) and as I had said to several people "all I have to do is finish the event, my time is not to important".

The morning was dry but windy, still I only had to potter round. My pottering pace to the test on the second lap when the wind became stronger, the extra pressure required to maintain a steady plod put my back under stress and the pins and needles returned with a vengeance. Then with three miles to go (I might make evens!!) as I swung round the last roundabout I felt my rear wheel slide, oh no!! I've punctured. "Anyone got a bike" I shouted at the marshals, sod'em there all out in cars. The Thanet RC clubrun meets at a bus shelter 200 to 300 metres from the roundabout, the times right but no bugger's there. Nothing for it but to change the tyre, not that simple, a tri-spoke cannot be pumped up with an ordinary pump, still I have a fail safe method to get me back. Whilst I ride on clinchers I carry a tub which can be inflated with enough air to ride and then rolled onto the wheel. Well, it did work when I tried it at home, I ripped the bloody valve off in my panic I forgot I had a second method for inflating an inner tube which I also carry. It consists of two valve connectors screwed together then pushed onto the valve (which is inset on the tri-spoke) , then a third offset connector is fitted to the other two and the pump. (Honest, it works, when I got home I put in just under 6 bars with no trouble at all) I have not had a puncture in an event since I've had the tri-spoke, (in fact I don't think I've punctured in an event since the 70's), no wonder I forgot.

Back to the race, what race!!! I'm now bloody freezing and pissed off; it's not long before the last man is due through. Suddenly, I see a rider approaching and from a distance he doesn't appear to be racing. I know him by sight and also a bit of luck, he is the same height as me, and yes I can borrow his bike. Look pedals, so we're OK, no we're not, can't get my feet in, so it's a flat footed 3 mile headwind ride at approx 15 MPH to the finish. The timekeeper, my good friend Paul Mephram, thinks I have abandoned, so I have to scream at him, "give me a time".

So now you have it, the best excuse I have ever had, and I still got a plus on the Vets standard average speed, which shows how out of date the Vets standards are, although the system itself works.

MALCOLM ADAMS.

Since the inception of Vets age records, twenty four records have been broken, all at the shorter distances.					
10 MILES			25 MILES	30 Miles	
Alan Rowe	Peter Jenn	Brian Dacey	Peter Jenn	Alan Rowe	Malcolm Adams
1996					
(57) 23.18					
1997					
(58) 23.19	(53) 22.37		(53) 55.27	(58) 1.10.40	

1998					
(59) 23.25	(54) 22.56			(59) 1.12.14	(59) 1.16.13
(59) 23.20					
1999					
(60) 23.04	(55) 22.24		(55) 56.20	(60) 1.14.50	
(60) 22.51	(55) 22.22				
2000					
(61) 23.21					
(61) 23.11					
2001					
(62) 23.31					
2002					
(63) 22.44	(58) 22.09				
2003					
(64) 23.31		(64) 23.45		(64) 1.16.18	
Please note the numbers in brackets represents the rider age.					

VETERANS AGE RECORDS (08.10.2003)			
DISTANCE	AGE	TIME	NAME
10 Miles	58	22.09	Peter Jenn
	63	22.44	Alan Rowe
	(64)	(23.45)	(Brian Dacey)
	64	23.31	Alan Rowe
	68	27.38*	John Giles
	70	29.49*	John Giles
	72	30.38*	John Giles
25 Miles	53	55.27	Peter Jenn
	55	56.20	Peter Jenn
	63	56.33*	Peter Gunnell
	64	59.35*	Peter Gunnell
	68	1.13.08*	John Giles
	69	1.20.23*	John Giles

30 Miles	58	1.10.40	Alan Rowe
	59	1.12.14	Alan Rowe
	60	1.14.50	Alan Rowe
	64	1.16.18	Alan Rowe
	70	1.36.11*	John Giles
50 Miles	62	1.59.24*	Peter Gunnell
	63	2.03.25*	Peter Gunnell
	70	2.36.11*	John Giles
100 Miles	50	4.15.35*	David Hurst
	51	4.19.26*	David Hurst
	52	4.24.08*	David Hurst
	57	4.25.15*	Peter Gunnell
	60	4.26.08*	Peter Gunnell
	62	4.30.47*	Peter Gunnell
	63	4.46.02*	Peter Gunnell
12 Hours	50	238.638Miles*	David Hurst
	51	238.104Miles*	David Hurst
	56	233.31 Miles*	Peter Gunnell
	62	228.52 Miles*	Peter Gunnell
	63	204.37 Miles*	Peter Gunnell
24 Hours	CLAIMANTS MUST BEAT V.T.T.A.STANDARDS		
LADIES	CLAIMANTS MUST BEAT V.T.T.A.STANDARDS		
10 MIs to 24 Hrs			

To claim a record the claimant must beat the Standard/Record of the person who was the same age or the next eldest as shown on the current list, if none, the V.T.T.A. standard must be beaten. Records to be claimed by the 31st October each year.

*Standards set prior to inception of records (31st December 1994)



September 28 - Rd 1, Howard School
 October 5 - Rd 2, Penshurst
 October 12 - Rd 3, Dover
 October 19 - Rd 4, East Grinstead
 October 26 - Rd 5, Eastway
 November 9 - Rd 6, Eastway
 November 16 - Rd 7 - Hillingdon
 November 23 - Rd 8, Brighton
 November 30- Rd 9, Brighton
 December 21 - Rd 10, Hillingdon
 December 27 - Rd 11, Footscray

January 4 - Rd 12 - Strood, Kent
 January 25- Rd 13, North London
 SEE ALL THE RESULTS - www.londonleague.co.uk

OUR OWN STEVEN PRICE FINISHED IN 10th PLACE LAST YEAR FROM ONLY 6 EVENTS

Primera New Forest Duathlon
 12 October 2003

Pos	Cat Pos	#	Name	Category	Run 1	Bike	Run 2	Total
1	1	177	Phil Mosley	M 20-39	0:17:06	0:34:20	0:23:03	1:14:29
2	2	187	Jez Cox	M 20-39	0:17:03	0:35:09	0:23:30	1:15:42
3	3	226	Toby Hood	M 20-39	0:17:09	0:36:21	0:24:14	1:17:44
4	1	229	Ian Ford	M Vet 40-49	0:17:46	0:38:33	0:23:43	1:20:02
41	26	218	Clifford Steele	M 20-39	0: 22:49	0:38:57	0:32:29	1:34:15
49	9	178	Jonathan Corbett	M Vet 40-49	0: 20:02	0:50:07	0:27:17	1:37:26
60	35	270	Rupert Walsh	M 20-39	0: 23:33	0:44:24	0:35:19	1:43:16

5 MILE RUN - 15 MILE BIKE - 4 MILE RUN

It was a frustrating week prior to the event because several competitors cried off, however there were four of us on the day competing with James Rogers helping out at transition as he was suffering from a cold and too ill to compete.

The event started at 8am in the New Forest and it was a sunny fresh day, the gun went off and it was a brisk start despite being billed as a novice event, it was clear from the opening run pace and the high tech weaponry in the bike assembly area that these were special novices.

The first 3.5 mile run was 2 miles on the road and 1.5 miles on the country, this was in a loop and it was undulating so during this I kept thinking I must do more hill preps in training.

The bike ride was a pretty flat course which was well marshalled I knew I was going to be slow on the run (C.S) so I was looking forward to the bike ride. It was the first time I had used tri bars on my bike and it made a big difference, I managed to pass about 25/30 riders doing a good pace with two riders keeping pace with me, I managed to get ahead with about two miles to go I knew I would need it on the run.

The closing run was an out and back course all on the road, I spent most of this (H.C) run being chased by a woman who eventually passed me, however she did drive the pace along and kept me concentrating on the job. And now I am looking forward to the next competition on the 8th November

NOTES FROM THE MINUTES OF THE COMMITTEE MEETING ON THURSDAY 18TH SEPTEMBER 2003

Mike Rice had confirmed with AL that 2004 Specialized frames available would be S-Works E5 Road, RRP £799, and S-Works Hardtail Mountain, RRP £699.

Bill Wright to chase sponsored riders for payment for/ return of 2003 frames.

Cliff Steele suggested that the club should investigate buying a van or minibus, which would be good for youth riders, team events etc. It was agreed that the use of any expensive item of club equipment such as this would have to be planned and monitored very carefully to ensure that it was benefiting as many club members as possible. There was general concern regarding the cost of buying and running a van. It was agreed that Cliff should work up likely costs to the club of buying and maintaining a van.

KONA 100 MTB RACE ROTHIN NORTH WALES - SUNDAY 21st SEPTEMBER

Myself and Ed Muir (non member) went to Wales to take part in the KONA 100 MTB race in Rothin, North Wales, around 92k of off road with 2000 meters of climbing 30k of single track 30k of bridleway 20 k of forest tracks and around 12k of road. The Kona MTB series consists of three races over the year, having mist the first two I decided to do the last one I had heard good reports about the course and I have race a few of the Kona courses over the years.

I set off from London with Ed on the Saturday morning not a cloud in the sky beautiful sunshine, as we drove nearer to Wales that very quickly changed it seemed to start as soon as we drove over the Welsh border someone kept the tap on, it down and the grass was a lot greener, anytime I go to Wales it rains. Ed rang his girlfriend back in London she was in the garden catching the last rays of sunshine with a large gin and Tonic and we were catching plenty of rain.

We finally arrived in Rothin after a little detour around Chester but we could not find the B&B we had booked, finally we reached what we thought was the B&B we piled in with bikes and bags waited around for a few minutes then a woman came. "Cliff

Steele - Ed Muir we have booked in for one night, not in my house was the reply as the B&B was across the road I noticed the lady locked her door when we left.

The weather report for Sunday was no rain must have used it all on the Saturday. 9.30am was start time with a police escort for the first 2½ hours then off I was determine to get a good start - I didn't want to get caught up in to much of the bunch as the first hill had some single track and with over 1000 riders I didn't want to get caught up in the mayhem I was in the first bunch of around sixty riders and with no bunch ups I was making good progress I had a crash on the first decent On a road skidding on some wet leaves and now had a pair of cycle shorts that looked like a G string. Ed Muir had passed me on the first decent and then waited for me after my crash and we rode together for the first 10k or so, the course being a bit of a mud bath in places slowed us up and I started to get cramp with Ed pushing on. I stopped at the first feed station which was after 25k refuelled and pushed on, I was met with about twenty or so riders who had taken a wrong turn I did fined the course very badly marked with some riders getting lost more than once.

I had managed to catch up with Ed after about 45k after my bad cramp had gone and I was feeling quite strong, we were on high ground so the ground was dry I didn't take to long at the feed station and managed to catch some riders. I reached the halfway mark at just over 3½ hour mark still hoping to do under six hours I would have to push it, again Ed had pushed ahead I was starting to get bad cramp against was hard to push the bike on the un-ride able terrain but lucky I started on a long descent and gave my legs some much needed rest it was lovely downhill single track with some nice switch backs.

I knew I had a few more hills to climb before the last descent of about 4k I started to really push it on the uphill and managed to pass some riders who were starting to struggle I was hoping to maybe catch Ed but it wasn't to be with Ed beating me by six minutes my finishing time being ^hrs 24mins and taking 47th place in the Masters with some riders taking over nine hours to complete I didn't feel to bad about my time, Ed's time 6hrs 18mins finished 39th with around two hundred and ten riders in the Masters.

Cliff Steele

580th Clifford Steele, De Laune/Evans/Specialized 06:24:40
652nd Ed Mair, Numplumz.com 06:18:14

WELCOME TO THE FOLLOWING NEW MEMBERS Scott Wellcom 42 Northdown Rd, Hornchurch. Andrew Simpson 15 Pilbright Cottages, Worplesdon. Pete Mallin-Jones 72 St Olafs Rd, Fulham. Amanda Walsh 12 Lauriston Rd, Wimbledon

WELCOME TO THE FOLLOWING NEW MEMBERS

Sam Baxandale, who lives in Wanstead, East London, Stephen Brierley from Basildon, Essex, Bob Garwood from Dartford, Kent, Alex Morris and James Rogers, both from East London - who all learned of the club through either Harry Corbett or Andy Simpson. All of these new members are, for the time being, interested in off-road; however, I am sure that once Alan Rowe has had a word with them they will be riding a few time trials as well!

You may remember it was mentioned in last month's DLN that Peter Jaques, who now lives in New York, was hoping to rejoin the club - Peter has now been elected and is looking forward to riding in Central Park, New York in the club's kit as he considers that Central Park needs the oldest and greatest club's endorsement. Oddly enough he doesn't have to come to this side of the Atlantic for the endorsement of the oldest club as a couple of hundred miles north from New York on the east coast is a club a little older than the De Laune, that is the Boston Bicycle Club, which was formed in 1881, the same year as the Anerley Bicycle Club. It is interesting to note that on the 26th October of that year, Wyatt Earp (US Marshall), brothers Virgil and Morgan and friend Doc Holiday, fought the famous gunfight at OK Corral, Arizona. It was waged against the Clantons, Billy and Ike, the McLaurys, Frank and Tom, and Billy Claiborne. Within 30 seconds Frank and Tommy McLaury and Billy Clanton lay dead with Virgil and Morgan seriously wounded. The dead are buried in the famous Boot Hill Cemetery.

I was about to give the above article to Mark to publish when it crossed my mind that the Boston Bicycle Club may not exist. Mike Peel did a surf of the net and discovered www.bostonbicycleclub.org in which there was a paragraph on the history of the club, which is now called b2c. It is not a direct ancestor of the original and, in fact, the article states that the original was founded in 1878. I am inclined to believe what I have read on this side of the water of the history of that club. In any case it turns out that Peter could well be right - we could be older than any club in the USA.

Brian Saxton

Evans Cycles - the number one bike shop in Britain!

Evans Cycles received the award for 'Best British Bike Shop of the Year' at the 2003 British Bike Awards.

Our customers already know it, and we already know it, but it was officially confirmed on Saturday 26th April at the British Bike Awards held in Birmingham - Evans Cycles is the number one bike shop in Britain! Industry gurus from The Bike Show, MBUK, What Mountain Bike, Cycling Plus, British Cycling, BicycleBusiness and RideBMX Magazine judged the awards and voted Evans Cycles number one.

Evans Cycles came up trumps over fellow finalists Alpine Bikes, Edinburgh Bikes and Halfords Bikehut. The criteria for the award included customer service, product range, growth and location amongst others. Mike Rice, Managing Director said: "It's very rewarding to be recognised by the industry for all the effort our staff have put into the business in recent time." "What makes this award even more extraordinary is that it's come at a time when Evans Cycles has been busier than ever - settling into a

new head office and distribution centre and opening up more locations throughout London. The fact that our staff have not lost sight of the fundamentals of providing great customer service and quality cycling products is a key reason for us winning the award."

Service - The Evans Way

F. W. Evans have been all about bikes since 1921. We ride, tour, race, play - we love cycling. Our shops, our mail order service and this web site are all about delivering the joy of cycling to our customers. Enjoy your cycling and look us up if you need some stuff, some help or just a chat with fellow enthusiasts.

Extensive Product Range

Maintaining the Evans "World of Choice" tradition, you will find within each of our stores a comprehensive range of cycles, clothing and accessories. The Online Store pages on this website take things a stage further and allow us to bring you all our very latest offers. If you would like to see more you can request a copy of the Evans catalogue, or you can visit one of our stores. Each one of our stores stocks the vast majority of the products featured within the catalogue and online. (Should you require a specific product on a specific date, please call in advance and we will ensure the product is available for your visit.)

Quality Products

All of the products features in the Evans catalogue (and any additionally stocked within our stores) are rigorously put through their paces by our staff and are then carefully evaluated for quality and reliability, before they find their way onto our shelves.

Value for Money

Our extensive purchasing power enables us to pass on the benefits in the form of lower prices. Market prices are continually evaluated to maintain our competitiveness.

Technical Support

With over eighty years experience of cycle retailing, there are not many technical queries our staff are unable to answer.

Specialties

Many of our staff have knowledge specific to varying aspects of cycling, ranging from BMX to Touring, Cyclo Cross to Track Racing. Call into any of our stores or phone our Mail Order Team who will put you in contact with the relevant member of staff.

Modern Showrooms

You'll find each of our stores to be spacious with modern fittings.

Interest Free Credit

On purchases over £250, we are able to offer 6 months Interest Free Credit, so why not "pay as you ride" (details available, offer subject to status)

No Quibble Returns Policy

If you are not completely satisfied with a product, you can return it (unused) within 28

days for a full refund or exchange. Test Ride Service "Try before you buy". Telephone your store before hand to arrange a test ride on the bicycles you are interested in (Identification Required).

Custom Fit

Our Wandsworth store has a Bio-Racer measuring jig, which enables the optimum riding position for a wide range of cycling disciplines to be determined. Our staff will adjust your cycle and fit any additional accessories you may require at the time of purchase.

Evans - Good deals, great service..

DATES TO REMEMBER

Belgium Night/OMA at Blackheath Harriers HQ Friday 31 October

Sunday 16th November, NEWNHAM service 10.30 am if you want LUNCH let DOT know - Phone 01689 851241 01689 851241

Club nights/committee meetings are now back to the first Thursday of the month - next one on 4th December

7 December Down Hill on Tillburstow Hill, Godstone - followed by more social drinks...

THE LAST DAY FOR COPY TO BE INCLUDED IN THE NEXT ISSUE IS WEDNESDAY 26 November 2003

THIS SHOULD BE SENT TO:
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