

NEWS DE LAUNE



CHRIS GORDON-COKER riding the **HELL OF ASHDOWN**

It seems that Chris was too fast for our on the spot reporters as they did not mention him last month.

EVANS
CYCLES.COM

APRIL 2009

CLUB NIGHT
SECOND MONDAY
OF EACH MONTH

1889 DE LAUNE 2009
CYCLING CLUB

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PRESIDENTS REPORT

The racing season is really upon us and riders have started to see the results of the winter training programme, such as Ian Sylvester, who rode the Kent Cycles Road Club 25 Time Trial and did a 1.03.03. Well done Ian.

As riders have started their season, there are fewer of us going out on the Club runs, but those who were there on the 1st March – John and Sarah Archdeacon, and James Cook (new member) had a terrific ride, from West Kingsdown to Bletchingly, Blindley Heath, did a left round to Hever, up Baileys Hill, through Ide Hill, down to Brasted, Pilgrims Way and finish by the Club Hill Climb (White Lane, Tatsfield). Sara and John had to ride home to Balham, James had to go to Dulwich – as for me, I had about a mile. We were out for about 3 hours, and it was a great ride and we really enjoyed it.

On Sunday 8th March we had another great Club Run, this time with Steve Valentine and James Cook, and we took a similar route to the week before, but we went up Ide Hill this time. These runs go round a circuit so if anyone wants to do a shorter circuit they can meet up with us on any part of it.

I had my first Road Race on the 15th, which was the Glendene at Thaxted, Essex. I was 3rd in the over 70 category. A good race, and with the season under way, training is a little less hard. As for myself, all



the Club Runs since 16th December have been hard, because on Saturdays I have been doing power training, which made it, at the beginning, very hard to stay with the other riders on Sunday. As we have got nearer to the racing season, I've been getting stronger, and the power training is paying dividends. On Sunday 22nd at the new circuit at Hog Hill, I was 2nd in Age Group, and, better still, 5th in the overall race of 60 year olds and above. Dave Haggart has started racing, and his results (given elsewhere in the Mag) are encouraging. Keep your eyes on him!

On the 9th March at our Committee Meeting, the final touches were done to the new Club kit, which has been ordered. It really looks good, and all us "posers" should start from some time in May when we take delivery of the new kit, should take the opportunity to stand out from the crowd.

Good News: our next Committee Meeting will take place on Monday, 13th April, at the new venue – the Greyhound Public House in Dulwich Village. It promises to be a wonderful venue, as we are getting the room upstairs free of charge – but we need to spend some money behind the bar to make this work. Come along all of you, and take part in discussing the future of the Club (and have a great social at the same time). Here's looking forward to seeing you there.

Cheers,

Roy

Quote for the Month:

"Remember, success is not measured by heights attained but by obstacles overcome. We're going to pass through many obstacles in our lives: good days, bad days. But the successful person will overcome those obstacles and constantly move forward."

Bruce Jenner

Olympian, Speaker and Entertainer

“KAV’S REPORT”

THE MEN I HAVE PUSHED AROUND! I don’t mean in a physical sense (or perhaps I do) but on tandem. Reading Johnny Geoghegan’s article about how to be fast and a be an alcoholic at the same time made me think of the time we rode tandem together. The idea was to get the club tandem 50-mile record from Mick Valentine and Dave Rudd (1hour 54m 26s.) in the Westerly 50 on the Bath Road. We borrowed a tandem on the Saturday and gave it a try. I thought this is not going to work as we were all over the place!

Sunday was a good day so we set off to the 25-mile turn at Foxfields and turned in 50.20. I thought so far so good! On the way back and around the Newbury by pass John said, “ Look, a lot of little men in bear skins and clubs coming towards us” I thought he has been at the hard stuff again! But no he was right. We had got mixed up with the Newbury Carnival! We had water squirted at us and I think we went through the middle of the brass band. I thought what a cock up this is. Yes, we got the record 1hour 48m 26s. That was 51 years ago and its still standing. How about it you young lad’s! Have a go. I rode with Arthur How many times. The one ride I remember was the Bath & Back reliability. I think it was over 240 miles. Be warned never ride on the back of a tandem for more than 200 miles in one go! Your voice will never be the same again.

I rode with Roy Chittleborough to get the club 30-mile record. He frightened the life out of me. He thought he had the right of way on all roundabouts and we had a few near misses! Luck was on our side as the front tyre blew out just after the finish. Alan Rowe - now that’s a story. Alan asked me to ride a tandem 30 with him on the Portsmouth Road and I said I would. He then told me he wanted to be on the front! As we know, Alan was a fast flamboyant rider who would go through gaps that did not exist! We had never ridden a tandem together so when he turned up at 4am in the dark to pick me up I said to him “ Let us try a dead turn in the road”. The first time we ended up on the pavement. The second time we ended up in someone’s garden. Do you know what? We both went back to bed! Happy times.

I went over to see the new road circuit at Hog Hill, Redbridge the other Sunday. The idea was to give our two vets road racers a cheer; Brian Dacey and our President Roy Savery. This was one of many vets road races put on by the LVRC. I was very impressed with the Hog Hill set up. A super circuit but it has one short sod of a hill in it! Not a bad climb but as it is a short circuit you could go up it 20 plus times. On Sunday it sorted out the men from the granddads. Brian said on the third time up the hill his legs went to jelly. Brian did not finish due to his old problem of cramp. Our President battled on and was third in his group and won a fiver! I did not see that fiver come out in the pub afterwards Roy.

Sunday the 12th of April we are running, on behalf of the South East Road League, an 80k road race for 1st 2nd and 3rd cat riders. This will be on the Brenchley circuit in Kent. This should be a good race to watch as it goes up Brenchley Hill nine times. The start is 9.30am .We have about 20 members out to help. Thanks guys.

Talking about members, did you know that we have had 25 individual members ordering the new De Laune racing kit? I did not think we had 25 members!!!

My Park & Ride for May (put in it your diary) will be the club run to France. The date will be Saturday the 16th May. I have managed to get some money from our committee to pay or part pay our boat fair. Please let me know if you want to go. Full details in the May DLN.

Kav.

PS Can you remember the committee ever stripping off to the waist at a committee meeting? Well it happened last month! to try on racing gear to see if the vests fit the sizes we ordered. Our President wanted to completely strip off but Val would not let him!

Surrey League/London Dynamo, MOD Chertsey 2 - 1/3/09

E/1/2/3 - 48 miles

1 Steve Calland

Norwood Paragon CC 2 01:51:10

2 Stuart Bowers Scott

UK 2

61 James Peckham

De Laune CC 3

THE NEW HOG HILL CIRCUIT



I dropped my bottle on the second lap the first time I tried to take a drink so had to ride without any fluids. Then with 5 laps to go as we hit the hill a rider punctured in front of me and let a gap open up, I chased for a lap and nearly got back on until the hill again and then lost contact completely so I did one more lap and went to retrieve my bottle from the mud at the side of the road. Dave Haggart

Bournemouth Jubilee Whs 100

P5r - 12 September 1965

1	John Greatwood	Dulwich Paragon CC	4:09:26
2	Roy Woolley	Bournemouth Arrow CC	4:20:35
28	John Lawrence	De Laune CC	4:44:53
37	Malcolm Adams	De Laune CC	4:55:46
40	Brian Waller	De Laune CC	5:00:01
41	Kenneth Legge	De Laune CC	5:00:17

Just look at this 4 members in an open "100" but note the date.

50th anniversary Wally Gimber Trophy - 15/3/09



Brian Dacey at the start 50 years after winning the first Wally Gimber RR, after the race Brian presented the trophy to this years winner Rob Hurd, who celebrated a 4th win,



President Roy leading the bunch at Hog Hill



DON WHITE visits JOHN DARROCH at his home in Thailand.

22/03/09 - Kent Cycles RC

1	PAUL BURROWS	VC ELAN	00:57:20	
2	ANDREW MEILAK	ODLS.COM RACING	00:57:27	+11.46
15	IAN SILVESTER	DE LAUNE CC	01:03:03	+5.28

Club Clothing Update

Hi Everyone,

Hope you are well and starting to enjoy the better weather...those winter miles will soon start paying dividends for those who managed to get out and brave the elements. The payback for those hard times is just around the corner...

In a similar vein, I have some great news regarding our club clothing. After the seemingly endless talk, huff and puff and general feeling of chasing our own tails, we have finally marshalled our requirements, finalised the design and PLACED our order for clothing! It's almost unbelievable that I have so much spare time now!

Joking aside it has been a great learning experience to take the process this far for me. I can look back fondly at contentious committee meetings as we sweated over preferred kit designs, power- plays regarding choices of colours as well as dealing with suppliers who could not produce our club badge after several weeks of negotiations! The journey at times has been circuitous...a little like a criterium – sometimes you feel good, other times you wish you were somewhere else.

Thanks to everyone who has made the journey what it has been – for all those who provided input regarding design and helped with choices of clothing. To those who took time to vote at the AGM for the design of their choice. To all those who turned up to try samples to confirm their size requirements. To those who placed orders (please don't forget to pay up!). To the team for posting information on the web and in the newsletter – Mark and Mike. Thanks to Val for keeping an eye on the 'numbers' and helping whenever I flagged! Lastly a 'thanks' for all those people who provided kind words along the way – it made a difference.

Well from here it's a waiting game until I receive confirmation regarding the delivery date for the clothing. In the meantime, for those who placed orders we shall contact you to advise your final costs. We shall also advise you how we intend to distribute the clothing once it arrives. Until then – hope you can stand the wait as I know most of you are raring to get into the new design!

Best Wishes,

Mal

Diary Social/Club for 2009

Saturday	16 May	Club run to France - Contact John Kavanagh	
Sunday	21 June	Mid-Summer Club run & Picnic in Richmond Park contact Kav	
Sunday	28 June	OMA Lunch - Brighton	12:45
Sunday	26 July	Max Dods Memorial B-B-Q at Herne Bay	9:00
Sunday	1 -November	Club run to the Down Hill	10:00
Sunday	15 November	Newnham Remembrance Service	10:30
Sunday	13 December	Richmond Park Christmas Social Ride	09:00

Club & Inter-Club Events for 2009

Sunday	12 April		SERRL - Road Race	Brenchley	
Sunday	24 May	10.00	Ken Fuller Memorial Road	Blechingly	
Sunday	7 June	08.15	Mid-Summer 25 & the Club Novices Champi		G25/53
Tuesday	16 June	18.30	Circuit Race	Crystal Palace	
Sunday	? 2009	13.00	Open Track Meeting	Herne Hill	
Saturday	25 July	07.30	Open '10' TT	Harrietsham	Q10/22
Sunday	2 August	07.00	Fred Peachey 25 -Incorpo-	Chilham	Q25/8
Saturday	15 August	07.30	OMA 10		Q10/22
Sunday	13 Septem-	07.25	Autumn 25		G25/53
Sunday	4 October	11.00	Hill Climb	Titsey Hill	GH/31
Sunday	25 October		KCA Relibility Trial	Details awaited	
Sunday	1 November	12.00	Down Hill	Tilburstow Hill	

SEE MESSAGE BOARD to keep UP TO DATE

<http://mikepeel.proboards67.com>

CLOSING DATE FOR THE NEXT ISSUE 29th APRIL

Anything for inclusion please send to:

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